

Gosh, we don't claim to be magicians at Food Giant, but we do claim to be able to make your budget money go farther and buy more at the fabulous F.G. than at any other store. It's simple as this: Food Giant sells more food to more people than any other store in the area. Consequently we are able to sell it at the very lowest prices consistent with quality and still offer you loads of good service, friendliness and courtesy all in the same bargain. Budget-wise buys? Sure, they're our best commodity. Come in this week-end and see.



423 S. HAWTHORNE
CORNER 132nd STREET
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LIBBY FROZEN
PEAS
2 LARGE CARTON **25¢**

SALAD BOWL
DRESSING
FULL QUART JAR **39¢**

SUPER MARKET INDUSTRY
25 YEARS Savings ON YOUR FOOD BILLS!

COTTAGE CHEESE	DAIRY BELLE PINT CARTON	18¢
PINE-COT JAM	MARKET BEST 2 LB. JAR	39¢
ERBY TAMALES	READY TO EAT 15 1/2 OZ. CAN	19¢
GRAPEFRUIT JUICE	BALBOA 46 OZ. CAN	21¢

*** GUARANTEED MEATS ***
delicious...pan-ready
fryers
53¢ lb
Banquet-Perfect CAPONETTES Cut-Up, Ready for the Pan

Try these wonderful frying chickens — they are especially raised and packaged to meet the rigid scientific "BANQUET-PERFECT" standards for flavor, tenderness and quality. Just imagine serving these plump, tender birds to the family this week-end — they fry to a crusty, golden brown every time! 2 to 2 1/2 lb. average.

KINGAN'S FROM STORM LAKE, IOWA
PORK LOINS
WHOLE OR HALF FRESH! NOT FROZEN
47¢ lb

the heart of the corn belt! It's the corn feeding that makes eastern pork so downright good. Freshness means extra flavor. Extra value because Food Giant's pork loins are trimmed dress fat before weighing.

SLICED BACON	45¢ lb	SMOKED PORK CHOPS	79¢ lb
CORNER BEEF	43¢ lb	COUNTRY STYLE SPARE RIBS	43¢ lb
BREAKFAST BEEF	39¢ lb	HALIBUT STEAK	35¢ lb

ulevard, Hawthorne



JUST ARRIVED... Arno Mehling, foreign exchange student from Germany, enters the home of Mr. and Mrs. John Melville with whom he will live during his one-year stay. Melville here opens the door.

German Exchange Student To Study at Torrance High

Three foreign exchange students will enter Torrance high school this fall, and one of them, a 16-year-old German youngster has already arrived here. He is Arno Mehling who is making his home here with Mr. and Mrs. John Melville of 1512 El Prado, and their three children, Bill, 14, Suzanne, 12, and Margot, 9. Arno comes from a small village with 5000 inhabitants near Wuerzburg in Southern Germany.

SPEAKS FLUENTLY
While he has studied English three years, he has never had a chance to speak the language until now. Except for a few colloquialisms and idiomatic expressions, Arno has no difficulty understanding the language and speaks it with remarkable fluency.

MANY INTERESTS
Arno, an outstanding student, has a variety of interests. He hopes to become a journalist, and has won a number of essay contests. He likes to study animals and plants and is an avid collector of fossils. Among athletic activities he enjoys soccer, hand ball, and featherball, a game similar to badminton. Arno will spend the rest of

the month at Catalina where the Melvilles are presently vacationing. He will be one of three foreign exchange students at THS — The others being a girl from Spain and a boy from Holland.

Root Given GP Post

M. L. (Mike) Root has been appointed assistant manager of the engineering department at the Torrance refinery of General Petroleum corporation, according to an announcement by C. M. Reading, manager of the engineering department at Torrance. In 1953, Root was transferred to Ferndale, Washington and served as construction engineer while the company's Mobilgas refinery was being built there. Root was first employed by the company in 1928 as a clerk while its refinery at Torrance was being built. In 1946 he became assistant to manager of the engineering department at General Petroleum's Vernon location and in 1949 was appointed construction engineer at the Torrance refinery. In addition to the Torrance and Ferndale refineries, Root has worked on and supervised many other construction projects for General Petroleum, including its San Ardo pipe line. A native of North Dakota, Root studied at the University of California and the University of Oregon.



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CONSTIPATION FAST PROVEN METHOD RELIEF IN 20 MINUTES

Learn the true facts of disease. Many people constantly complain of stomach disorders, such as gas, bloating, burning of the stomach, abdominal cramps, nausea and vomiting, when in reality, the lower part of the bowels is to blame. It is a well known fact that most distress in the abdominal region is self diagnosed as stomach trouble. This misconception is a natural one. Constipation results in the formation of large quantities of poisons that gain entrance into all parts of the body by means of the blood stream and lymph channels. The effect is the same as if you were to swallow a dose of poison every day. The first and last thought in the mind of most people when they become constipated is to take a physic, yet no physic was ever made that would cure constipation. Continued use of physics leads to definite ailments of the colon itself. Stop fooling yourself. Know the true facts of disease. Life or Death can be due to neglect of your physical condition.

HEART GALL BLADDER

Over half of the deaths in the country are due to Heart and Blood Vascular disorders. The Gall Bladder is of interest clinically only when it becomes infected or otherwise injured. Under such circumstances it no longer concentrates bile in the normal manner but pours out a fluid which differs greatly in composition from the normal Bile; or it harbors a stone which causes

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MELVIR
WHAT IS IT? WHERE IS IT?
COMING SOON (PRONOUNCED MAE-GEE)